

Note to Students and Syllabus Updates for the Online Transition for BI205:

“As with all my classes, we’ll be like water. We’ll be fluid where we need to be, and we’ll take shapes in spaces that allow us meaningful form. We’ll figure things out along the way, together. If things aren’t working, we’ll shift currents. If students have requests, we’ll find ways to honor them within our abilities. If **you** have ideas, I want them! Share them, always.” – Dr. Ryan Wodruff, CMU

Dr. Ryan Wodruff said it best following the online transition here at CMU:

We live in unfamiliar times. We are all doing the best we can with the resources we have available. Please remember this as you engage your courses the remainder of the semester. I promise to remember this as well. I understand that students will be working in unfamiliar ways and unfamiliar circumstances, too.

Some Necessary Talk:

You will need to responsibly attend to your education while we’re not in our regular classroom space. The ease of being in a local space and walking to class will be replaced by family responsibilities, unfamiliar challenges, and possible temptations to simply not do work. Write yourself, every day, with the choices you make. If those choices are not education-related due to circumstance or challenge, I completely understand. Just be responsible about letting me know.

- For some students, being responsible and attending may be easy. For others, you may need to work toward productive daily habits. Consider **setting timers** on your phone or iPad. Consider **making accountability agreements with friends** to call or text to keep each other working forward. Consider putting **reminders around your lived-in spaces** to urge you to check-in.

Be sure to check your email and myCMU on a regular basis. I will do my best to keep things updated, but I can’t predict the challenges I will face either. I promise to keep you informed the best that I can.

How the Physiology Course Will Work:

Our class will be an **asynchronous** online course. This means that I will post lecture materials each day so we will not be holding class during normal class time as having a zoom “class” during our normal class time does not work with everybody in the course due to various time zones, family obligations, new work schedules, etc.

Online Lecture schedule:

- **Mondays:** Online lecture series posted during the day as a lecture
- **Tuesdays:** Online lecture series posted during the day as a lecture
- **Wednesdays:** Online lecture series posted during the day as a lecture
- **Thursdays:** Online lecture series posted during the day as a lecture

Zoom office hours for the remainder of the course are on Tuesday and Thursday from 1pm – 3pm. Please use Zoom through the app on your iPad or the Zoom interface on your laptop/desktop because in my experience going through the app (or the Zoom client) provides the best possible service.

Zoom Office Hours on Tuesday and Thursday 1-3pm

Join Zoom Meeting using the Link below

<https://centralmethodist.zoom.us/j/6602486339?pwd=NStNK09RcmZZeGNzcQ3VkpwrR3Nldz09>

Meeting ID: 660 248 6339

Password: BI205

How Learning Will Work:

In the Announcement Blog on the MyCMU course, short video lecture links to Panopto will be available.

You already have a Panopto account through CMU. Log in to your MyCMU account and click on the video. If you are having issues, please contact IT helpdesk through MyCMU first (**660-248-6197**), then talk with me about it.

Please take the time to watch the video lectures. All lecture material will be posted on MyCMU Resources and Materials page in the course as per norm.

UPDATED Syllabus: Tentative Schedule of Physiology Lecture Topics Spring 2019*

	Lecture Topics	Assigned Readings	Homework / Quiz (Due Dates)
Spring Break – No Classes (3/23-3/27)			
Week 11 3/30-4/3	Cardiovascular Physiology Blood Pressure	Ch 14 Ch 15	Exam 3 (4/3): Ch 10, 14, and 15
Week 12 4/6-4/9	Blood - Fluid Ventilation and Gas Exchange	Ch 16 Ch 17 Ch 18	
Week 13 4/13-4/17	Kidneys and Urine Formation Fluid, Electrolyte, and pH Balance	Ch 19 Ch 20	Assignment 7 due Sunday, 4/19 Quiz 4 (Opens 4/17 / Closes 4/19 11:55pm)
Week 14 4/20-4/24	Digestion, Metabolism, and Energy Balance	Ch 21 Ch 5 Ch 22	Assignment 8 due Sunday 4/26 Quiz 5 (Opens 4/24 / Closes 4/26 11:55pm)
Week 15 4/27-5/1	Immune System	Ch 24	Exam 4: Opens Friday (5/1) 7:30am / Closes Sunday (5/3) 11:55pm Ch 5, 16-22, 24
Comprehensive Final Exam Opens Monday (5/4) 7:30am / Closes Thursday (5/7) 11:55pm			

** This is a tentative schedule that may change during the course due to student progression. I will announce any necessary changes to the schedule during lecture, on MyCMU, or via email announcement.*

How do I get on Zoom?

Zoom Tutorials, created by the Director of Digital Learning, Professor Carrie Strodman: You will need to sign in using your myCMU credentials.

Joining a Zoom Meeting

<https://centralmethodist.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=073855c6-fff2-4558-9ed1-ab7e015d932c>

Zoom Features for Students

<https://centralmethodist.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=5718b77b-4399-4bfa-be13-ab7e0153b885>