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| Stages of Alzheimer’s | Description |
| Stage 1 | No cognitive impairment |
| Stage 2 | Very mild cognitive decline; subjective complaints of memory loss or word finding, not detected on formal exam |
| Mild/Early Stage Alzheimer’s Disease | |
| Stage 3 | Mild decline; work finding deficits, naming objects, misplacing objects, decrease in planning |
| Stage 4 | Moderate cognitive decline; decreased knowledge of recent events, decreased ability to perform higher-level mental calculations, decreased memory for personal information, inability to participate in complex tasks, social withdrawn |
| Moderate/Mid-Stage Alzheimer’s Disease | |
| Stage 5 | Moderately severe cognitive decline; major memory gaps, assistance needed for complex daily living tasks, confusion related to orientation, inability to perform simple calculations, still knows own name and names of spouse and children, needs help picking out clothing based on season and weather |
| Stage 6 | Severe cognitive decline; memory worsens, personality changes emerge, extensive help required for ADL, occasionally forgets name of spouse, decreased dressing ability, dysfunction of sleep/wake cycle, assistance required for toileting, incontinence, delusions, hallucinations occur, compulsion/repetition of behaviors. |
| Severe/Late-Stage Alzheimer’s Disease | |
| Stage 7 | Very severe cognitive decline; does not respond to environment, mutism, inability to control movement, requires feeding assist, loses ability to walk and sit without assistance, dysphagia, skeletal muscle rigidity. |

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| Stages of Parkinson’s Disease | Description |
| Stage 1 | Unilateral tremor, rigidity, bradykinesia, minimal or no functional impairment |
| Stage 2 | Bilateral tremor, rigidity, bradykinesia, with or without axial signs such as facial involvement, independent with ADL, no balance impairment |
| Stage 3 | Worsening of symptoms, impaired righting reactions, disability related to ADL, balance changes, may still maintain independence with interventions |
| Stage 4 | Requires help with some or all ADL, cannot live alone without assistance, able to walk and stand |
| Stage 5 | Confined to a bed or wheelchair, maximal assistance is required |